



CERTIFICATE OF PARTICIPATION

This is to certify that

Shafiek Rasdien

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:43:03

PACE 06:43/km

GENDER 224 of 563

OVERALL 287 of 834

50+ 21 of 75

08 July 2023, Sat

Date



BoutTime

Signature

